

TABLE 8**Oral Antihistamine Doses for Cats**

| Drug Name | Dose |
|-------------------------|---|
| Hydroxyzine | 5–10 mg/cat (NOT mg/kg) <i>q</i> 12 hr ¹ |
| Cetirizine | 5–10 mg/cat (NOT mg/kg) <i>q</i> 24 hr ² |
| Chlorpheniramine | 2–4 mg/cat (NOT mg/kg) <i>q</i> 12 hr ² |
| Cyproheptadine | 2 mg/cat (NOT mg/kg) <i>q</i> 12 hr ² |
| Clemastine | 0.68 mg/cat (NOT mg/kg) <i>q</i> 12 hr ² |
| Loratadine | 2.5–5 mg/cat (NOT mg/kg) <i>q</i> 24 hr ¹ |
| Fexofenadine | 30–60 mg/cat (NOT mg/kg) <i>q</i> 24 hr ³ |
| Amitriptyline | 2.5–7.5 mg/cat PO (NOT mg/kg) <i>q</i> 12 hr ¹ |
| Diphenhydramine | 2–3 mg/kg <i>q</i> 12 hr ² |

1 Plumb DC. *Plumb's Veterinary Drug Handbook*. 9th ed. Wiley-Blackwell;2018.

2 Miller WH, Griffin GE, Campbell KL. *Muller & Kirk's Small Animal Dermatology*. 7th ed. St. Louis:Elsevier;2013.

3 Diesel A. Feline allergy: symptomatic treatments. In: Noli C, Foster A, Rosenkrantz W, eds. *Veterinary Allergy*. West Sussex (UK):John Wiley and Sons;2014.

The 2023 AAHA Management of Allergic Skin Diseases Guidelines are available at aaha.org/allergic-diseases.

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